



TORRINGTON PARKS & RECREATION

SKYHAWKS SPORTS ACADEMY

FALL 2020 VIRTUAL CLASSES

Soccer Skills Ages 6-12 Five 45 Minute Classes:

This fast-paced, engaging program provides the perfect mix of game-based exercises & skill practice to promote agility & improve fundamental soccer skills.

Class Dates:	Times:
Cost: \$49	
Wednesdays 9/23-10/21	7:00 - 7:45 pm
Wednesdays 11/4-12/9 *no class 11/25	7:00 - 7:45 pm

HoopsterTots Ages: 3-5 Five 45 Minute Classes:

This virtual class brings our best games & lessons into your living room, ensuring an enriching & active experience for your child. Expect a dynamic warm-up, stretching best practices, fun games and some life skills along the way.

Class Dates:	Times:
Cost: \$49	
Mondays 9/21-10/19	3:00 - 3:45 pm
Mondays 11/2-12/7 *no class 11/23	3:00 - 3:45 pm

Basketball Skills Ages: 6-12 Five 45 Minute Classes:

Presented by top Skyhawks coaches, boys and girls will improve several fundamental basketball skills including ball handling, dribbling, body positioning and shooting.

Class Dates:	Times:
Cost: \$49	
Mondays 9/21-10/19	7:00 - 7:45 pm
Mondays 11/2-12/7 *no class 11/23	7:00 - 7:45 pm

SoccerTots Ages: 3-5 Five 45 Minute Classes:

This program develops motor skills & self-confidence in a fun, engaging format. This fast-paced program will keep your child engaged with an imaginative warm-up & exciting activities that disguise learning and focus on fun!

Class Dates:	Times:
Cost: \$49	
Wednesdays 9/23-10/21	3:00 - 3:45 pm
Wednesdays 11/4-12/9 *no class 11/25	3:00 - 3:45 pm

**** All virtual classes will be conducted through Zoom. The Zoom link will be sent to participants prior to the program's start date.**

****A list of required equipment/materials will be provided to participants prior to the program's start date.**